

ASK US HOW

**TO ACCESS SUBSIDISED
MEALS THROUGH YOUR
HOME CARE / NDIS
PACKAGE!**

**PICK UP OR DELIVERY
WED / THURS / FRI**

HOW TO ORDER:

1. **PLACE YOUR ORDER ON
MON / TUES / WED**
 2. **CHOOSE DELIVERY DAY**
 3. **PAY YOUR GAP PORTION**
 4. **WE INVOICE THE
REMAINDER TO YOUR
CARE PROVIDER**
 5. **REPEAT!**
- (APPROVED HCP/NDIS REQUIRED)**



**ORDER
NOW
8555 1655**

**Shop Front Open
Mon - Fri: 9:30am - 3pm**

**Shop 4/22 Cadell St
Goolwa**

**convenientchefgoolwa@gmail.com
www.convenient-chef.com.au**



**Convenient
Chef**

Fresh Chef Prepared Meals, Delivered!



**Convenient
Chef**

**FRESH,
CHEF PREPARED
READY MEALS**

**PICK UP OR
DELIVERY**

8555 1655



CHICKEN DISHES

Chicken Schnitzel	14.50
Baked Chicken Breast	13.50
Satay Chicken & Veg*	13.00
Sweet and Sour Chicken*	13.00
Honey Mustard Chicken*	13.00

BEEF DISHES

Beef Schnitzel	14.50
Braised Beef & Mushroom	13.00
Beef Chow Mein Noodles	13.00
Corned Silverside*	13.00
Chilli Con Carne	13.00
Cottage Pie	12.50
Roast Beef	12.50

SEAFOOD DISHES

Baked Salmon*	16.50
Grilled Barramundi*	16.50
Garlic Prawns*	15.50
Fish Cakes	14.50
Tuna Mornay	11.00

SOUP OF THE WEEK	6.50
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PORK DISHES

English Pork Sausages	13.00
Curried Sausages	13.00
Roast Pork	12.50

LAMB DISHES

Roast Lamb	13.00
Lambs Fry & Bacon	11.00

PASTA DISHES

Spaghetti Bolognese	12.50
Beef Lasagne	12.50

VEGETARIAN

Vegetable Curry*(vegan)	13.00
Vegetarian Lasagne	12.50

DELIVERY

Within Goolwa	6.50
Victor/surrounds	8.50
Other Areas	12.00

SPRING 2024
Gluten-Free - *

LIGHT MEALS & SALADS

Chef Salad*	12.50
Ploughman's Lunch	12.50
Egg & Beetroot Salad*	12.00
Chicken Caesar Salad	12.00
Pumpkin & Feta Quiche	7.00
Quiche Lorraine	7.00
Toasted Ham/Cheese	6.50
Croissant Ham/Cheese	7.50
Side Salad*	5.00
Mixed Veggies*	5.00
Gluten Free Gravy Tub*	4.00
Gravy Tub	4.00

DESSERTS

Traditional Trifle	7.00
Strawberry Delight*	7.00
Cheesecake	7.00
Lemon tart	6.50
Apple Pie	6.50
Carrot Cake	6.50
Fruit, Jelly & Custard*	6.00
Fruit, Jelly & Cream*	6.00
Custard*	5.00