

ASK US HOW

**TO ACCESS SUBSIDISED
MEALS THROUGH YOUR
HOME CARE / NDIS
PACKAGE!**

**PICK UP OR DELIVERY
WED / THURS / FRI**

HOW TO ORDER:

- 1. PLACE YOUR ORDER ON
MON / TUES / WED**
 - 2. CHOOSE DELIVERY DAY**
 - 3. PAY YOUR GAP PORTION**
 - 4. WE INVOICE THE
REMAINDER TO YOUR
CARE PROVIDER**
 - 5. REPEAT!**
- (APPROVED HCP/NDIS REQUIRED)**



**ORDER
NOW
8555 1655**

**Shop Front Open
Mon - Fri: 9:30am - 3pm**

**Shop 4/22 Cadell St
Goolwa**

**convenientchefgoolwa@gmail.com
www.convenient-chef.com.au**



**Convenient
Chef**

Fresh Chef Prepared Meals, Delivered!



**Convenient
Chef**

**FRESH,
CHEF PREPARED
READY MEALS**

**PICK UP OR
DELIVERY**

8555 1655



CHICKEN DISHES

Chicken Schnitzel	14.50
Chicken Kiev	14.50
Baked Chicken Breast	13.50
Chicken & Leek Pie*	13.50
Satay Chicken & Veg*	13.50
Butter Chicken*	13.50

BEEF DISHES

Beef pie, mash & peas	13.00
meatloaf	13.00
Corned Silverside*	13.00
Cottage Pie	13.00
Roast Beef	13.00

SEAFOOD DISHES

Baked Salmon*	16.50
Grilled Barramundi*	16.50
Garlic Prawns*	15.50
Fish Cakes	14.50
Tuna Mornay	11.00

SOUP OF THE WEEK 7.0

PORK DISHES

English Pork Sausages	13.00
Roast Pork	13.00

LAMB DISHES

Lamb Irish Stew*	14.50
Roast Lamb	13.00
Lambs Fry & Bacon	11.00

PASTA DISHES

Spaghetti Bolognese	12.50
Beef Lasagne	12.50

VEGETARIAN

Pumpkin ravioli	13.00
Vegetarian Lasagne	12.50

DELIVERY

Within Goolwa	6.50
Victor/surrounds	8.50
Other Areas	12.00

LIGHT MEALS & SALADS

Chef Salad*	12.50
Ploughman's Lunch	12.50
Egg & Beetroot Salad*	12.50
Smoked Salmon Salad*	12.50
Pumpkin & Feta Quiche	7.50
Quiche Lorraine	7.50
Toasted Ham/Cheese	7.00
Croissant Ham/Cheese	7.50
Fruit Salad*	7.50
Side Salad*	5.00
Mixed Veggies*	5.00
Gravy Tub	4.00

DESSERTS

Strawberry Delight	7.50
Cheesecake	7.50
pecan pie	7.50
Lemon tart	6.50
Apple Pie	6.50
Home Made custard tart	6.00
Carrot Cake	6.00
Fruit, Jelly & Custard*	6.00
Fruit, Jelly & Cream*	6.00
Custard*	5.00

Summer 2025
Gluten-Free - *